

# 2023 Parkland Benefit Resources

For help during this year's Open Enrollment, log on 24/7 to [ParklandBenefits.org](https://ParklandBenefits.org) or [Parkland Intranet Home Page > Self Service Portal > Office of Talent Management](#). Use this list of Parkland Benefit Resources to help you contact the vendors when you need them. You can also contact many of these vendors by email during our Virtual Benefits Fair on Oct. 11 and 12 from 8 a.m. to 7 p.m at [ParklandBenefits.org](https://ParklandBenefits.org).

## AUTO & HOME INSURANCE

**Travelers:** 1-888-695-4640  
**Liberty Mutual:** 1-800-699-374

## CREDIT UNION

**Metro Medical Credit Union:** 214-630-0611  
8200 Brookriver Dr., Suite N 110, Dallas, TX 75247

## DENTAL

**Cigna Dental HMO & Cigna Dental PPO**  
1-800-Cigna24 (1-800-244-6224)  
Live customer service 24/7/365  
[Cigna.com](https://Cigna.com)

## DEPENDENT VERIFICATION

**Impact Interactive** — 1-866-691-6551

## EMPLOYEE DISCOUNTS

**Beneplace**  
1-800-683-2886  
[beneplace.com/parkland](https://beneplace.com/parkland)

## EMPLOYEE ASSISTANCE PROGRAM (EAP)

**ComPsych GuidanceResources®**  
1-844-216-8399 | [GuidanceResources.com](https://GuidanceResources.com)  
ID: PARKLAND | App: GuidanceResources® Now

## EMPLOYMENT VERIFICATION

**Group One**  
<https://groupone.ivrnetworks.com/groupone>

Questions? Email [grouponehelpdesk@gp1.com](mailto:grouponehelpdesk@gp1.com) or [ddavila@gp1.com](mailto:ddavila@gp1.com).  
You can also call 972-719-4208 or 469-648-5052.

## FITNESS PROGRAM

**Active&Fit Now**  
1-844-646-2746  
[beneplace.com/parkland](https://beneplace.com/parkland)

Choose from thousands of fitness centers; change any time.

## FLEXIBLE SPENDING ACCOUNTS

**PayFlex**  
1-800-284-4885 | [PayFlex.com](https://PayFlex.com)  
Username: Your employee ID number  
Password: Your ZIP code

## LEAVE OF ABSENCE MANAGEMENT

**Sedgwick**  
1-844-263-3117

## LEGAL PROGRAM

**ARAG® Legal Center** — 1-800-247-4184  
[araglegalcenter.com](https://araglegalcenter.com) (access code 17502ph)

## LIFE INSURANCE (BASIC AND SUPPLEMENTAL)

**Securian Financial (Minnesota Life)**  
1-866-293-6047  
[lifebenefits.com](https://lifebenefits.com)

## MYPARKLAND

**PeopleSoft** (for online enrollment)  
**From your Parkland computer:** [phs.sharepoint.com](https://phs.sharepoint.com)  
**From your home computer:** <https://hr.parklandhealth.org/psshr/signon.html>  
(User ID: Parkland employee number, PeopleSoft password)

**OTM Service Portal**  
[parkland.service-now.com/otm](https://parkland.service-now.com/otm)  
469-419-3000 (ext. 7-3000)  
Monday-Friday 7:30 a.m. to 5 p.m.

## MEDICAL & PHARMACY

**Parkland Employee Health Plan**  
(For full-time and part-time employees with benefits)

**UMR, a UnitedHealthcare Company** — 1-877-370-0320  
[umr.com](https://umr.com)

**MedImpact** (Pharmacy Benefit Manager)  
1-800-788-2949

**MedImpact Direct** (Mail-Order Service)\*  
1-855-873-8739

\*For prescriptions written by Tier 1 and Tier 2 providers that cannot be filled through the Parkland mail-order service

**Employee Health Center**  
4th Floor, Moody Outpatient Center  
5151 Maple Ave., 214-590-2800  
8 a.m. – 5 p.m. Monday through Friday

**Employee Women's Wellness Center**  
2nd Floor of WISH Tower  
469-419-1010 (ext. 7-1010)  
8 a.m. – 4 p.m. Monday through Friday

## PARKLAND PHARMACIES

**Parkland Mail-Order Phone Line** — 214-590-1400

**Employee-Only Pharmacy Windows**  
1st floor of Moody Outpatient Center  
7 a.m. – 6 p.m. Monday through Friday, 214-266-0013

1st floor of Ron J. Anderson, MD Clinic  
24/7, 214-590-6120

## Your COPC Pharmacy

Please check with your COPC pharmacy for hours of operation.

**RedBird Health Center Pharmacy**  
3560 W. Camp Wisdom in Dallas, 214-266-5000  
(mail order not available)

## PET INSURANCE PROGRAM

**Nationwide Pet Insurance** — 1-877-PETS-VPI (1-877-738-7874)  
[petinsurance.com/affiliates/parklandhospital\\_pr](https://petinsurance.com/affiliates/parklandhospital_pr)

## RETIREMENT

**Supplemental Retirement Plan and Retirement Income Plan**

**Milliman** — 1-800-995-2608  
[MillimanBenefits.com](https://MillimanBenefits.com) (account access)

**On-site representative:**  
[milliman3.fullslate.com](https://milliman3.fullslate.com)

**SUPPLEMENTAL INSURANCE COVERAGES (CRITICAL ILLNESS, ACCIDENT AND HOSPITAL INDEMNITY)**  
**MetLife**

1-800-GET-MET8 (1-800-438-6388)

## TUITION REIMBURSEMENT

**EdAssist** — 1-844-358-1623  
Log on through Parkland Pathways

## VISION

**Superior Vision by MetLife** — 1-833-393-5433  
[metlife.com/vision](https://metlife.com/vision)

## WEIGHT LOSS PROGRAM

**Real Appeal**  
1-844-924-REAL (7325)  
[help@realappeal.com](mailto:help@realappeal.com)  
<https://realappeal.com/support>