






Keep up with eye exams and eyewear with Superior Vision.

Flexible benefits that may save you money.

 Eye exams  Eyewear  Laser vision correction

Vision insurance can provide important benefits for you and eligible family members. **Superior Vision by MetLife** coverage includes routine eye exams, glasses, contact fittings, evaluations, lenses, and discounts on laser vision correction¹ and hearing exams.² Recently, Superior Vision became part of the MetLife family of companies. Beginning **January 1st**, you may see your new Vision benefits referred to as Superior Vision by MetLife.

Q. Why should I enroll?

A. Even if you don't wear glasses or contacts, regular visits to your eye doctor **may help contribute to your overall health**. Routine vision exams can help catch serious problems, such as diabetes and high blood pressure.³

Q. When can I enroll?

A. You can enroll during your **open enrollment period**.

Q. How can I find a participating eye care professional?

A. You can find a participating eye care professional by using the Find a Vision Provider tool at metlife.com through MyBenefits. Select Find a Vision Provider, choose Superior Vision by MetLife, complete the information requested and hit the Search Now button.

Q. Where can I choose my eye care professional and eyewear from?

A. You can **go to any licensed eye care professional** and enjoy low out-of-pocket costs when visiting a participating vision care provider. Choose from the thousands of ophthalmologists, optometrists and opticians, or popular retail locations.⁴ You can also access the top 50 retailers in network⁴ like America's Best Contacts & Eyeglasses, Costco Optical, Eyeglass World, LensCrafters, Pearle Vision, Target Optical, VisionWorks, Walmart and more.⁵

Plus, shop at online in-network eyewear stores, including Glasses.com, ContactsDirect, 1 800 contacts and Befitting.⁵

If you choose an out-of-network provider, you will have increased out of pocket expenses, pay in full at the time of services, and file a claim with MetLife for reimbursement.

Regular visits to your eye care professional do more than just help protect your eyesight, they may help identify chronic medical conditions.³

Vision Insurance

Help care for your eyes with access to one of the largest networks of eye care professionals.



Q. What services are covered under my plan?

- A. Your plan offers coverage on routine eye exams, frames and lenses. Discounts are also available for polycarbonate (shatter-resistant) lenses, ultraviolet (UV) coating, scratch-resistant and anti-reflective coatings, and progressive lenses.

Q. What additional offers do I get with my plan?

- A. Your plan includes a discount on laser vision correction.¹ You can even get a hearing exam at no additional cost and get a discount of up to 40% off hearing aids.²

Q. Why do I see MetLife branding in my Superior Vision material?

- A. Recently, Superior Vision became part of the MetLife family of companies. You may see your new Vision benefits referred to as Superior Vision by MetLife.

Q. What if I'm already enrolled in a vision plan administered by Superior Vision?

- A. If you're already enrolled in a vision plan administered by Superior Vision, you have to re-enroll during your open enrollment period. If you're not already enrolled, you can enroll online at <https://hr.pmh.org/my.policy> during your open enrollment period **between 10/10/2022 and 10/24/2022**.

Q. If I'm already enrolled in a vision plan administered by Superior Vision, will there be any changes to my benefits?

- A. No. This change is not expected to have a significant impact on your scope of benefits, vision provider network or premiums. Please continue to enjoy your vision benefits and in-network providers as you have in the past. And while the scope of your benefits and provider network remain materially the same, there will be a couple administrative changes.

Q. What are the administrative changes now that MetLife is the parent company?

- A. Please note these administrative changes, beginning January 1st:
- **Telephone Number:** The new telephone number for vision benefits questions is 1-833-EYE-LIFE. NOTE: All previous call center numbers remain operational and will work as well.
 - **MyBenefits:** You will now have access to MetLife's MyBenefits website (www.mybenefits.metlife.com), an online location for all your benefit needs, including the Find a Vision Provider tool, claims history and access to a digital ID card.

Have other questions?

Please call Superior Vision by MetLife directly at 1-833-EYE-LIFE (1-833-393-5433) and talk with a benefits consultant.

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Q. Do I need an ID card?

- A.** No. You do not need an ID card to schedule an appointment or receive services. While ID cards aren't required, new ID cards will be available through MyBenefits.

When visiting a participating vision provider without an ID card, please be prepared to provide your name, Social Security number or employee ID number, group name and group number.

Q. Who should I call if I have any questions about my Superior Vision benefits?

- A.** The new telephone number for vision benefits questions is 1-833-EYE-LIFE. NOTE: All previous call center numbers remain operational and will work as well.

Q. How do I access plan information online?

- A.** After January 1st, securely register on MetLife's MyBenefits website at metlife.com/mybenefits to view your claims, print your digital ID card, review information about your plan and more.

Q. What should I tell my provider at my next vision care appointment?

- A.** At your next vision care appointment, remember to inform your provider that your insurance plan is Superior Vision by MetLife. Or simply show your vision provider your digital ID card (available on MyBenefits).

Have other questions?

Please call Superior Vision by MetLife directly at 1-833-EYE-LIFE (1-833-393-5433) and talk with a benefits consultant.

For more information about your Superior Vision benefits, please refer to the plan summary.

1. Laser vision correction services administered by QualSight, LLC. May not be available in all service areas.
2. Hearing services administered by Your Hearing Network. May not be available in all service areas.
3. Heiting, OD, Gary. Eye exams: 5 reasons why they are important. All About Vision, January 2022. allaboutvision.com/eye-exam/importance.htm.
4. For a list of participating providers, use the Find a Vision Provide tool at metlife.com. Select Find a Vision Provider, choose Superior Vision by MetLife, complete the information requested and hit the Search Now button.
5. All product and company names are trademarks or registered trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.

MetLife vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claims and network administration services are provided through Superior Vision Services, Inc. ("Superior Vision"), a Delaware corporation. Superior Vision is part of the MetLife family of companies. Like most group benefit programs, Superior Vision by MetLife plans contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

