



## New Parkland incentive for using the Employee Women's Wellness Center for prenatal care.

Whether you are considering having a baby or are already expecting, UMR Maternity CARE can explain how to reduce your risk of complications and prepare you to have a successful, full-term pregnancy and a healthy baby.

### How it works

If you are thinking about starting a family, sign up and participate in the Maternity CARE Pre-Pregnancy Program, where experienced OB/GYN nurses will help you understand your personal health risks and empower you to take action before you become pregnant.

Once you become pregnant, you can enroll in the Maternity CARE program where those same nurses will support you with timely prenatal education

and follow-up calls. They will also refer you to case management should a serious condition arise. Your CARE nurse will call you each trimester during your pregnancy and once after the baby is born.

**You must enroll during your first or second trimester and continue active participation in the program each trimester of your pregnancy to be eligible for program incentives or other program referrals.**

\* To be eligible for the free incentive gift you must enroll during your first or second trimester and continue to actively participate in the program each trimester of your pregnancy.



If you are pregnant and are identified as high-risk, a CARE nurse manager will monitor your condition and work to reduce your claims costs throughout your pregnancy and the post delivery period.

You can self-enroll in Maternity CARE or pre-pregnancy coaching, or you'll be contacted and invited to participate if you are identified as pregnant through a clinical health risk assessment, utilization review or other program referrals.



## It pays to participate

- To be eligible for the incentives below, you must engage in the UMR Maternity CARE program in your first or second trimester and complete the entire program.
- The Parkland Employee Health Plan will waive deductibles and co-insurance for routine obstetric office visits related to your prenatal care.
- Beginning May 1, 2022, if you deliver at Parkland AND receive your prenatal care at the Employee Women's Wellness Center, you will not pay a fee.
- If you are delivering at Parkland but do not get your prenatal care at the Employee Women's Wellness Center, you will pay a \$500 flat fee for all services, including anesthesiology and facility charges.

PARKLAND EMPLOYEE WOMEN'S WELLNESS CENTER  
WISH Tower, 2nd Floor  
469-419-1010 (ext. 71010)

## GET STARTED



Your first step is to enroll in the Maternity CARE program.

**Call 1-888-438-8105** OR **Scan the QR code** to complete the enrollment form online.