

Time to cash in

and **pocket \$100** for making the right call to take back your health

Don't miss out on your chance to receive a \$100 reward card. It's your incentive for signing up to work with an Ongoing Condition CARE nurse, trained to help you manage your health care journey if you're living with one of the following ongoing conditions:

- ALS, multiple sclerosis, myasthenia gravis or rheumatoid arthritis
- Hypertension, heart failure or coronary artery disease
- Asthma or COPD
- Depression or anxiety*
- HIV/AIDS, hepatitis C or sickle cell anemia
- Ulcerative colitis or Crohn's disease
- Breast, prostate, colorectal or lung cancers
- Diabetes (types 1 or 2)
- Chronic kidney disease

Reward yourself with better health

This incentive opportunity is open to medical plan subscribers and covered spouses.** All you need to do to qualify for your **\$100 reward card** is:

- 1** Be contacted by UMR for having one or more of the above ongoing conditions managed by a CARE nurse.
- 2** Agree to participate in a least three calls with your CARE nurse.
- 3** Be a new enrollee (first time coaching with UMR).



But don't delay. The number of reward cards is limited to one card per member per lifetime. Call us at **844-604-6246** to get started.

**Only when identified as a co-morbidity*

*** Spousal eligibility for coverage under the plan is defined in your plan document.*



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