

Looking for **Diabetes** help?

Connect with your Ongoing Condition CARE team



Visit us online at **umr.com** and log in with your username and password, or select **“Register”** to sign up for online services.

Log in to **umr.com** and select **“Contact us”** to send an email to the **“Ongoing Condition CARE”** program **to help you manage your Diabetes!**

Then, tell us how we can reach you and the reason for your email, and one of our specialists will contact you within two business days.



You can also call us at **866-575-2540**

