

Don't Forget!

Name Your Beneficiaries



**Need help naming your beneficiaries
for the Parkland retirement plans?**

Meet by phone or online with
the Milliman@Parkland on-site
representative. Set up an appointment
at **milliman3.fullslate.com**.

Call the Milliman Benefits Service
Center at 1.800.995.2608, M-F from
7 a.m. to 7 p.m. Central time.

It's Easy As 1-2-3!

1

DETERMINE YOUR BENEFICIARY,

the person(s) who will receive your retirement or insurance benefits in the event of your death. You will need each beneficiary's Social Security number and date of birth.

2

FOR THE PARKLAND RETIREMENT PLANS

- Log on to **MillimanBenefits.com**.
- You will name separate beneficiaries for each plan. Select:
 - Parkland Supplemental Retirement Plan
 - Parkland Retirement Income Plan (for full-time employees only).
- For each plan, click on the Profile Icon in the upper right hand corner and choose Beneficiaries.

3

FOR BASIC AND SUPPLEMENTAL LIFE, AND AD&D INSURANCE

- Log on to MyParkland in PeopleSoft.
- Designate your beneficiary for each plan listed.
- Click Save after entering.
- Return to the appropriate benefit plan to enter the percentage each beneficiary will receive.